

Supplementary Table S1. Search strategy

Number	Search items
1	randomized controlled trial. pt
2	controlled clinical trials. pt
3	randomized. ti/ab
4	randomly. ti/ab
5	groups. ti/ab
6	trial. ti/ab
7	OR 1-6
8	shanyinjiao. ti/ab
9	SP6. ti/ab
10	OR 8-9
11	isomnia. ti/ab
12	sleep disorder. ti/ab
13	sleep problem. ti/ab
14	sleeplessness. ti/ab
15	hyposomnia. ti/ab
16	OR 11-15
17	7 AND 10 AND 16

Applied in English Databases**Applied in Chinese Databases**

Number	Search items
1	随机对照试验.关键词/篇名/摘要
2	随机试验.关键词/篇名/摘要
3	对照试验.关键词/篇名/摘要
4	随机.篇名/摘要
5	对照.篇名/摘要
6	OR 1-5
7	三阴交.主题/关键词/篇名/摘要
8	三阴交穴.主题/关键词/篇名/摘要
9	下三里穴.主题/关键词/篇名/摘要
10	承命穴.主题/关键词/篇名/摘要
11	太阴穴.主题/关键词/篇名/摘要
12	OR 7-11
13	失眠.主题/关键词/篇名/摘要
14	入睡困难.篇名/摘要
15	睡眠障碍.篇名/摘要
16	不寐.篇名/摘要
17	不得眠.篇名/摘要
18	不得卧.篇名/摘要
19	OR 13-18
20	6 AND 12 AND 19